

"Woman Contracts Parasitic Worm In Her Brain From Pork Taco"

<http://www.rense.com/general9/brain.htm>

Great headline, disgusting reading. Maintaining good health in the tropics requires routine parasite cleansing at least once a year. A person with any health disorder should do an anti-parasite program twice a year. You only have to take a couple of cheap pills which have zero side effects. Your cats and dogs get the exact same pills, 200mg of Albendazole or Mebendazole. Supermarkets in the U.S. sell them in the pet section for \$1.95, but in the pharmacy for \$12.95, but only if you have a prescription from a doctor for \$45. With Albendazole ("Zantel", in Luperón) you take only two pills one time. Mebendazole ("Fel 6", in Luperón.) gets taken three days in a row. Follow the instructions on the package. Pharmacies sell them without prescription (see LuperonCruising.com, "Health Care Experiences in the DR").

WHO NEEDS IT?

When a person gets weakened from any ailment parasites can take hold and become life threatening. For that reason the textbook "Diagnostic Medical Parasitology" elevated parasites like microsporidia from "unusual parasitic infection" to "one of the most important infections in a compromised patient." Most North Americans carry parasites, but in the tropics almost everybody does. Who needs it? Everyone. Even while living above 62° latitude I did what I learned growing up in south Florida, and gave my children and myself annual doses of Mebendazole.

A FEW OF THE CULPRITS

GIARDIA leads to defoliation of the bowel causing malabsorption. Infection rates in the U.S.: 7%.

HOOKWORM larvae in the soil infect 1 out of 6 people world wide by crawling through the skin, even the feet.

PINWORMS -- you had this infection as a child, you have it now or you will get it again.

TRICHOMONAS infect 5 million women and 1 million men in the U.S.

CRYPTOSPORIDIUM in the Milwaukee water supply infected 300,000 in 1993.

NAEGLERIA FOWLERI, found in moist soil and fresh water causes suppurative infection of the brain and meninges.

ACANTHAMOEBA invade the adrenals, brain, eyes, kidney, liver, pancreas, skin, spleen, thyroid, and uterus.

TRICHURIS TRICHIURA (Whipworm) attach to the intestinal walls and suck blood.

(and for sushi fans) LIVER & LUNG FLUKES from raw fish travel all over the body and can even cause brain seizures.

DIARRHEA

Take PRO-DOM (**never** with antibiotics) with every bowel movement, **not** in between, until it stops. Drink adult electrolyte, predictably pronounced aye-lek-tro-LEE-tay a-DOOL-toh, from the pharmacy, not Gator Aide unless you know the kind of parasite. When I had cholera in Puerto Rico the nurse who rehydrated me said the sugars in such drinks can make you worse, and since cholera kills by dehydration, worse means dead.

Take SERTAL for associated stomach cramps. Works like magic.

PREVENTION

Wash all fruits and vegetables, especially anything you can't peel, in bleached or limed water, or with white vinegar.

Wash your hands and scrub under the nails at every opportunity.

Don't poke fingers into any orifice until you've washed after shaking hands, holding money or a wet painter.

Buy smoke- or salt-cured meat when you can, and always eat any meat well done.

Put bunches of PRO-DOM and SERTAL and ZANTEL aboard now along with your Stugeron seasickness capsules.

And don't go barefoot, Peter Pan!